

Greater Los Angeles Meals on Wheels Zip Code Directory

ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90001	South Central	Watts Labor Community Action Committee (WLCAC) Bradley MPC	323-563-5662 213-923-1006
90002	South Central	Watts Labor Community Action Committee (WLCAC) Bradley MPC	323-563-5662 213-923-1006
90003	South Central	Watts Labor Community Action Committee (WLCAC) Bradley MPC	323-563-5662 213-923-1006
90004	Wilshire/Hancock Park	Hollywood MPC St. Vincent MOW	323-957-3905 213-484-7775
90005	Wilshire/ Koreatown	St. Vincent MOW - Parts of	213-484-7775
90006	Wilshire/Koreatown	St. Vincent MOW	213-484-7775
90007	Los Angeles	St. Vincent MOW-parts of Theresa Lindsay MPC	213-484-7775 323-846-7920
90008	Baldwin Hills, Liemert Park, View Park/Crenshaw	People Coordinated Services	323-294-5226
90010	Wilshire	St. Vincent MOW - Parts of	213-484-7775
90011	University	Watts Labor Community Action Committee (WLCAC) Theresa Lindsay MPC	323-563-5662 323-846-7920
90012	Central L.A.	St. Vincent MOW Theresa Lindsay MPC	213-484-7775 323-846-7920
90013	Central L.A. East	St. Vincent MOW Theresa Lindsay MPC Single Room Occupancy - parts of	213-484-7775 323-846-7920 213-229-9679
90014	Central L.A.	St. Vincent MOW Theresa Lindsay MPC Single Room Occupancy - parts of	213-484-7775 323-846-7920 213-229-9679
90015	Central L.A.	St. Vincent MOW	213-484-7775
90016	Adams, Crenshaw	People Coordinated Services (West Blvd)	323-735-5799
90017	Central L.A.	St. Vincent MOW Theresa Lindsay MPC	213-484-7775 323-846-7920
90018	Adams/University/Jefferson Park	People Coordinated Services (West Blvd)	323-735-5799
90019	Wilshire/LaBrea	St. Vincent MOW - parts of People Coordinated Services (West Blvd) - Parts of Jewish Family Services - Parts of	213-484-7775 323-735-5799 323-937-5852

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90020	Wilshire/Hancock Park	St. Vincent MOW	213-484-7775
90021	Central L.A. East	Theresa Lindsay MPC Single Room Occupancy - parts of	323-846-7920 213-229-9679
90022	East L.A.	Casa Maravilla Senior Services	323-263-2330
90023	East L.A./Boyle Heights/Vernon	Casa Maravilla Senior Services-Parts of International Institute MPC	323-263-2330 213-264-6210
90024	West L.A.	Jewish Family Services Felicia Mahood MPC MOW of West L.A.	323-937-5852 213-473-7066 310-208-3439
90025	West L.A.	Felicia Mahood MPC Jewish Family Services MOW of West L.A.	213-473-7066 323-937-5852 310-208-3439
90026	Echo Park	Hollywood MPC St. Vincent MOW	323-957-3905 213-484-7775
90027	Hollywood	Hollywood MPC St. Vincent MOW	323-957-3905 213-484-7775
90028	Hollywood	Hollywood MPC St. Vincent MOW	323-957-3905 213-484-7775
90029	Hollywood	Hollywood MPC St. Vincent MOW	323-957-3905 213-484-7775
90030	Lincoln/Montecito Heights	International Institute	213-264-6210
90031	Lincoln/Montecito Heights	International Institute Theresa Lindsay MPC	213-264-6210 323-846-7920
90032	El Sereno/Monterey Hills	International Institute	213-264-6210
90033	East L.A./Boyle Heights/Vernon	International Institute Theresa Lindsay MPC	213-264-6210 323-846-7920
90034	West L.A./ Palms	Jewish Family Services People Coordinated Services (West Blvd) Felicia Mahood MPC Culver Palms MOW	323-937-5843 323-735-5799 310-473-7066 310-559-0666
90035	West L.A.	Beverly Hills MOW-Parts of Culver Palms MOW - Parts of Jewish Family Services People Coordinated Services (West Blvd)	310-423-3517 310-559-0666 323-937-5843 323-735-5799
90036	West Wilshire/Mt. Olympus	Hollywood Multipurpose Jewish Family Services	323-957-3905 323-937-5843

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90036	Wilshire/La Brea	St. Vincent MOW Culver Palms MOW - Parts of Jewish Family Services Hollywood Multipurpose	213-484-7555 310-559-0666 323-937-5843 323-957-3905
90037	University (Central L.A.)	Theresa Lindsay MPC	323-846-1920
90038	Hollywood	Hollywood MPC St. Vincent MOW	323-957-3905 213-484-7775
90039	Northeast (Atwater)	Hollywood MPC St. Vincent MOW	323-957-3905 213-484-7775
90040	Commerce	Human Services Association	562-806-5400
90041	Eagle Rock	International Institute	323-264-6210
90042	Highland Park/Mt. Washington	International Institute	323-264-6210
90043	Windsor Hills/Crenshaw/Hyde Park	St. Vincent MOW-Parts of People Coordinated Services (Crenshaw)	213-484-7775 323-294-5226
90044	South Central/Athens	St. Vincent MOW-Parts of	213-484-7775 213-742-0961
90045	Westchester	People Coordinated Services (Crenshaw) Culver Palms MOW	323-294-5226 213-559-0666
90046	West Hollywood	Hollywood MPC Jewish Family Services Project Angel Food	323-957-3905 323-937-5852 323-845-1800
90047	Athens/Hyde Park/South Central	St. Vincent MOW-Parts of Bradley MPC	213-484-7775 323-923-1006
90048	West Hollywood	Jewish Family Services	323-937-5852
90049	Brentwood	Jewish Family Services Felicia Mahood MPC MOW of West L.A.	323-937-5852 213-473-7066 310-208-3439
90056	Ladera Heights	City of Inglewood Sr. Nutrition	310-412-4380
90057	Wilshire/La Brea	St. Vincent MOW	213-484-7775
90058	Huntington Park/Vernon	Oldtimers' Foundation	323-582-6090
90059	South Central/View Park/Willowbrook	Bradley MPC	323-923-1006
90061	South Central	Bradley MPC	323-923-1006
90062	Leimert Park/University	People Coordinated Services (Crenshaw Blvd.) Theresa Lindsay MPC	323-294-5226 323-846-1920
90063	East LA/City Terrace/Boyle Heights	Casa Maravilla Senior Services International Institute	323-263-2330 323-264-6210

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90064	West L.A./Rancho Park	Felicia Mahood MPC MOW of West L.A.-Parts of Jewish Family Service Culver palms MOW - Parts of	213-473-7066 310-208-3439 323-937-5852 213-559-0666
90065	Cypress Park/Glassell Park/Mt. Washington	International Institute	323-264-6210
90066	Venice/Mar Vista	Felicia Mahood MPC People Coordinated Services (Crenshaw) Culver Palms MOW	213-473-7066 323-294-5226 213-559-0666
90067	Westwood	Jewish Family Services	323-937-5852
90068	North Hollywood	Hollywood MPC Southeast Valley MPC	323-957-3905 818-834-6100
90069	West Hollywood/West Wilshire	Jewish Family Services	323-937-5852
90073	Westwood (Veterans Admin)	Felicia Mahood MPC	213-473-7066
90077	Bel Air	MOW of West L.A. Jewish Family Services	310-208-3439 323-937-5852
90094	Playa Vista	Culver Palms MOW	213-559-0660
90201	Bell (Gardens)/Cudahy	Human Services Association Old Timers Foundation	562-806-5400 323-589-7100
90209	Beverly Hills	Beverly Hills MOW	310-423-3517
90210	Beverly Hills	Beverly Hills MOW Jewish Family Services Southeast Valley MPC	310-423-3517 213-937-6560 818-834-6100
90211	Beverly Hills	Beverly Hills MOW	310-423-3517
90212	Beverly Hills	Beverly Hills MOW	310-423-3517
90220	Compton	Dickison Community Lighted Schools, Inc.	310-637-6971
90221	Compton/Rancho Dominguez	Dickison Community Lighted Schools, Inc.	310-637-6971
90222	Commerce/Compton/Willowbrook	Dickison Community Lighted Schools, Inc.	310-637-6971
90230	Culver City	People Coordinated Services Culver City Senior Nut. Prgm. Culver Palms MOW	323-294-5226 310-253-6712 310-559-0666
90231	Culver City	Culver Palms MOW	310-559-0666
90232	Culver City	Culver City Senior Nut. Prgm. Culver Palms MOW	310-253-6712 313-559-0666
90239	Downey	Human Services Association	562-806-5400
90240	Downey	Human Services Association	562-806-5400
90241	Downey	Human Services Association	562-806-5400

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90242	Downey	Human Services Association	562-806-5400
90245	El Segundo	Wilmington Jaycees Foundation	310-518-4533
90247	Gardena/Moneta	Gardena MOW Torrance Lomita MOW Parts of Wilmington Jaycees Foundation - Parts of	310-217-9552 310-542-3434 310-518-4533
90248	Gardena	Gardena MOW - Parts of	310-217-9552
90248	Carson	Torrance/Carson Senior Nutrition	310-835-0212
90249	Gardena/El Camino Village	Gardena MOW	310-217-9552
90250	Inglewood/Hawthorne	City of Inglewood Sr. Nutrition	310-412-5338
90254	Hermosa Beach	Salvation Army MOW	310-318-2827 ext. 23
90255	Huntington Park	Oldtimers Foundation	323-582-6090
90255	Walnut Park	Salvation Army MOW	310-318-2827 ext. 23
90260	Lawndale/El Camino Village	Salvation Army MOW	310-318-2827 ext. 23
90262	Lynwood	Human Services Association Old Timers Foundation	562-806-5400 323-589-7100
90263	Malibu	Santa Monica, Malibu MOW	310-394-5133
90265	Malibu (Beach/Bowl/Hills/Riviera)	Santa Monica, Malibu MOW	310-394-5133
90266	Manhattan Beach/El Porto	Salvation Army MOW	310-318-2827 ext. 23
90270	Maywood	Oldtimers Foundation	323-589-7100
90272	Pacific Palisades	L.A. Park and Rec. Santa Monica, Malibu MOW	213-473-7066 310-394-5133
90274	Palos Verdes Estates	Salvation Army MOW Peninsula Seniors	310-318-2827 ext. 23 310-377-3003
90274	Rolling Hills Estates/Rancho Palos Verdes	Peninsula Seniors	310-377-3003
90275	Rolling Hills Estates/Rancho Palos Verdes	Peninsula Seniors	310-377-3003
90277	Redondo Beach	Salvation Army MOW	310-318-2827 ext. 23
90277	Torrance	Salvation Army MOW Torrance - Lomita MOW	313-318-2827 ext. 23 310-542-3434
90278	Redondo Beach/El Nido	Redondo Beach MOW	310-318-2827
90280	South Gate/Hollydale	Oldtimers Foundation Southgate Senior Center	323-589-7100 323-357-9662
90290	Topanga/Calabasas	no program found	
90291	Venice/Mar Vista	Culver Palms MOW Felicia Mahood MPC	310-559-0666 213-473-7066
90291	Venice-Oakwood section	Santa Monica-Malibu MOW Oakwood Rec Center	310-394-5133 310-452-7479
90292	Marina del Rey	Culver Palms MOW Felicia Mahood MPC	310-559-0666 213-473-7066

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90292	Venice/Mar Vista	Israel Levin Senior Center Oakwood Rec Center Penmar Rec Center	310-396-0205 310-452-7479 310-396-9055
90293	Playa del Rey	People Coordinated Services Culver Palms MOW	323-294-5226 213-559-0666
90301	Inglewood	Inglewood Senior Citizen	310-412-5338
90302	Inglewood	Inglewood Senior Citizen	310-412-5338
90303	Inglewood	Inglewood Senior Citizen	310-412-5338
90304	Inglewood - Lennox	Inglewood Senior Citizen	310-412-5338
90305	Inglewood	Inglewood Senior Citizen	310-412-5338
90401	Santa Monica	Santa Monica-Malibu MOW Community Sr.Prgm	310-394-5133 310-458-8644
90402	Santa Monica	Felicia Mahood MPC Santa Monica-Malibu MOW	213-473-7066 310-394-5133
90403	Santa Monica	Santa Monica-Malibu MOW	310-394-5133
90404	Santa Monica	Santa Monica-Malibu MOW	310-394-5133
90405	Santa Monica	Santa Monica-Malibu MOW	310-394-5133
90406	Santa Monica	Santa Monica-Malibu MOW	310-394-5133
90412	Lakewood	Lakewood MOW	310-925-8747
90501	Harbor City	Wilmington Jaycees Foundation Torrance Lomita MOW	310-518-4533 310-542-3434
90502	Torrance - Carson	Wilmington Jaycees Foundation Torrance Lomita MOW	310-518-4533 310-542-3434
90503	Torrance	Salvation Army MOW Torrance Lomita MOW	310-318-2827 ext 23 310-542-3434
90504	Torrance	Torrance Lomita MOW	310-542-3434
90505	Torrance	Salvation Army MOW Torrance Lomita MOW	310-318-2827 ext 23 310-542-3434
90601	Whittier	Whittier MOW SASSFA	310-698-2750 562-946-4711
90602	Whittier	Whittier MOW SASSFA	310-698-2750 562-946-4711
90603	Whittier	Whittier MOW SASSFA	310-698-2750 562-946-4711

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90604	Whittier	Whittier MOW SASSFA	310-698-2750 562-946-4711
90605	Whittier	Whittier MOW SASSFA	310-698-2750 562-946-4711
90606	Los Nietos	Whittier MOW SASSFA	310-698-2750 562-946-4711
90606	Santa Fe Springs	Whittier MOW SASSFA	310-698-2750 562-946-4711
90606	South Whittier	Whittier MOW SASSFA	310-698-2750 562-946-4711
90606	Whittier	Whittier MOW SASSFA	310-698-2750 562-946-4711
90631	La Habra	Meals on Wheels	562-905-9747
90638	La Habra/La Mirada/Los Nieto	SASSFA MOW La Mirada La Mirada Senior Nutrition	562-946-4711 562-943-0037 562-902-3160
90639	La Mirada	La Mirada Senior Nutrition La Mirada MOW	562-902-3160 562-943-0037
90640	Montebello	Casa Maravilla Senior Services	323-263-2330
90650	Norwalk	Oldtimers Foundation	323-589-7100
90660	Pico Rivera	SASSFA Whittier MOW	562-946-4711 310-698-2750
90670	Santa Fe Springs-Los Nietos	SASSFA Whittier MOW	562-946-4711 310-698-2750
90701	Artesia	Human Services Association Oldtimers Foundation	562-806-5400 323-589-7100
90703	Cerritos	Human Services Association	562-806-5400
90704	Avalon	no program found	
90706	Bellflower	Human Services Association	562-806-5400
90707	Bellflower	Human Services Association	562-806-5400
90710	Harbor City	Wilmington Jaycees	310-518-4533
90711	Lakewood	Human Services Association Lakewood MOW	562-806-5400 310-925-8747
90712	Lakewood	Human Services Association Lakewood MOW	562-806-5400 310-925-8747
90713	Lakewood	Human Services Association Lakewood MOW	562-806-5400 310-925-8747

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90714	Lakewood	Human Services Association	562-806-5400
90715	Hawaiian Gardens/Lakewood	Human Services Association Lakewood MOW	562-806-5400 310-925-8747
90716	Hawaiian Gardens	Human Services Association	562-806-5400
90717	Lomita/Harbor City	Torrance Lomita MOW	310-542-3434
90723	Paramount	Human Services Association	562-806-5400
90724	San Pedro	San Pedro MOW	310-832-7335
90731	San Pedro/Terminal Island	Wilmington Jaycees Foundation San Pedro MOW	310-518-4533 310-832-7335
90732	San Pedro	Wilmington Jaycees Foundation San Pedro MOW	310-518-4533 310-832-7335
90744	Wilmington	Wilmington Jaycees Foundation	310-518-4533
90745	Carson	Torrance/Carson MOW YMCA SNP	310-835-0212 ext.221 310-835-0212
90746	Carson	Torrance/Carson MOW YMCA SNP	310-835-0212 ext.221 310-835-0212
90747	Carson	Torrance Carson Senior Nutrition	310-835-0212
90801	Long Beach	Human Services Association	562-806-5400
90802	Long Beach - downtown	MOW of Long Beach Human Services Association	562-432-6215 562-806-5400
90803	Belmont Shore-Long Beach	MOW of Long Beach Human Services Association	562-432-6215 562-806-5400
90803	Long Beach/Naples	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90804	Long Beach - east	MOW of Long Beach Human Services Association	562-432-6215 562-806-5400
90805	North Long Beach	MOW of Long Beach Lakewood MOW Human Services Association	562-432-6215 310-925-8747 562-806-5400
90806	Long Beach/Signal Hill	MOW of Long Beach	562-432-6215 562-806-5400
90807	Bixby Knolls-Long Beach	MOW of Long Beach - downtown Human Services Association	562-432-6215 562-806-5400
90808	Long Beach - northeast	MOW of Long Beach Lakewood MOW Human Services Association	562-432-6215 310-925-8747 562-806-5400

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90808	Long Beach - northeast	Long Beach MOW Human Services Association	562-420-9660 562-806-5400
90810	Dominguez/Long Beach	Long Beach MOW Human Services Association	562-420-9660 562-806-5400
90810	Long Beach	Long Beach MOW Human Services Association	562-420-9660 562-806-5400
90810	Carson	Wilmington Jaycees Foundation MOW of Long Beach Human Services Association	310-518-4533 562-432-6215 562-806-5400
90813	Long Beach	Long Beach MOW Human Services Association	562-422-2118 562-806-5400
90813	Long Beach	MOW of Long Beach Human Services Association	562-432-6215 562-806-5400
90814	Long Beach	Long Beach MOW Human Services Association	562-433-0232 562-806-5400
90814	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90815	Long Beach/Los Altos	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90822	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90831	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90832	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90840	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90842	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90844	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90845	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90846	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90847	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
90848	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90853	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90888	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
90899	Long Beach	Long Beach MOW Human Services Association	562-432-6215 562-806-5400
91001	Altadena	Altadena Meals on Wheels	626-794-0313
91001	Pasadena	Meals on Wheels, Inc.	626-744-6530
91003	Altadena	Altadena Meals on Wheels	626-794-0313
91006	Arcadia	MOW of Arcadia	626-447-2193
91007	Pasadena	First Christian Church	626-398-5556
91007	Arcadia	MOW of Arcadia	626-447-2193 909-399-5488
91010	Basset-Covina	Intervale Senior Services	626-960-3773
91010	Diamond Bar-Duarte	Intervale Senior Services & Duarte Senior Center	626-960-3773 / 626-357-3513
91016	Monrovia	Monrovia Senior Neighborhood Center	626-358-7113
91040	Sunland	Northeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91042	Tujunga	Northeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91050	Pasadena	Meals on Wheels, Inc	626-449-6815
91101	Pasadena	Meals on Wheels, Inc. Pilgrim Towers East	626-449-6815 626-793-0652
91101	Pasadena	Villa Park Community Center	626-793-0652
91102	Pasadena	Meals on Wheels, Inc.	626-793-0652
91103	Pasadena	Jackie Robinson Center	626-791-7983
91103	Pasadena	Meals on Wheels, Inc. Pasadena Senior Center	626-449-6815 626-795-4331
91104	Pasadena	Meals on Wheels, Inc.	626-449-6815
91105	Pasadena	Meals on Wheels, Inc.	626-449-6815
91106	Pasadena	Meals on Wheels, Inc. - Parts of	626-449-6815
91201	Glendale	Salvation Army MOW (in areas below mountain)	818-246-5586

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
91202	Glendale	Salvation Army MOW (in areas below mountain)	818-246-5586
91203	Glendale	Salvation Army MOW	818-246-5586
91204	Glendale	Salvation Army MOW	818-246-5586
91205	Glendale	Salvation Army MOW City of Gendale	818-246-5586 818-548-3772
91206	Glendale	Salvation Army MOW City of Gendale	818-246-5586 818-548-3772
91207	Glendale	Salvation Army MOW City of Gendale	818-246-5586 818-548-3772
91214	Glendale	Salvation Army MOW City of Gendale	818-246-5586 818-548-3772
91301	Agoura Hills/Calabasas	no program found	
91302	Calabasas	no program found	
91303	Canoga Park	OneGeneration	818-705-2345
91304	Canoga Park	OneGeneration Wilkinson MPC	818-705-2345 213-473-7066
91305	Canoga Park	OneGeneration	818-705-2345
91306	Canoga Park	OneGeneration	818-705-2345
91307	Canoga Park	OneGeneration	818-705-2345
91311	Chatsworth	Wilkinson MPC	213-473-7066
91316	Encino	OneGeneration	818-705-2345
91321	Newhall	Santa Clarita Valley Sr. Citizen	661-259-9444
91321	Santa Clarita-Newhall	Santa Clarita Valley Sr. Citizen	805-259-9444
91324	Northridge	Wilkinson MPC	213-473-7066
91325	Northridge	Wilkinson MPC	213-473-7066
91326	Northridge/Porter Ranch	Wilkinson MPC	213-473-7066
91330	Northridge	Wilkinson MPC	213-473-7066
91331	Pacoima	S.F. Valley Interfaith Council	818-718-6460
91335	Reseda	OneGeneration	818-705-2345
91340	San Fernando - Pacoima	Northeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91342	Sylmar/Lakeview Terrace/ Olive View	Northeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91343	North Hills	S.F. Valley Interfaith Council	818-718-6460
91344	Granada Hills	Wilkinson MPC	213-473-7066

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
91345	North Hills/Mission Hills	Northeast Valley MPC Wilkinson MPC S.F. Valley Interfaith Council	818-834-6100 213-473-7066 818-718-6460
91350	Santa Clarita/Saugus	Santa Clarita Valley Sr. Citizen	805-259-9444
91351	Santa Clarita/Saugus/ Canyon Country	Santa Clarita Valley Sr. Citizen	805-259-9444
91352	Sun Valley	Bernardi MPC	818-834-6100
91354	Santa Clarita-Valencia	Santa Clarita Valley Sr. Citizen	805-259-9444
91355	Santa Clarita-Castaic	Santa Clarita Valley Sr. Citizen	805-259-9444
91356	Tarzana/Encino	OneGeneration	818-705-2345
91360	Thousand Oaks	Conejo Valley Senior Concerns/MOW	805-496-2009
91361	Westlake Village	Westlake Village MOW	805-370-4295
91362	Thousand Oaks/Westlake Village	Goebel Senior Center MOW Conejo Valley Ventura Cty Senior Citizens Center	805-381-2744 805-496-2009 805-381-2746
91364	Woodland Hills	OneGeneration	818-705-2345
91367	Woodland Hills	OneGeneration	818-705-2345
91380	Santa Clarita-Canyon Country	Senior Center	661-259-9444
91381	Santa Clarita-Val Verde	Bernardi MPC	818-834-6100
91384	Santa Clarita-Agua Dulce	Santa Clarita Valley Sr. Citizen	805-259-9444
91401	Van Nuys	Southeast Valley MPC/Bernardi Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91402	Van Nuys-Panorama City	Bernardi MPC/Northeast MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91403	Sherman Oaks-Van Nuys	Southeast Valley MPC OneGeneration S.F.Valley Interfaith Council	818-834-6100 818-705-2345 818-718-6460
91405	Van Nuys	Bernardi MPC S.F.Valley Interfaith Council	818-834-6100 818-705-2345 818-718-6460
91406	Van Nuys	Bernardi MPC/Wilkinson MPC OneGeneration S.F.Valley Interfaith Council	818-834-6100 818-705-2345 818-718-6460
91411	Van Nuys	Southeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91423	Sherman Oaks	Southeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
91436	Encino	Bernardi MPC OneGeneration	818-834-6100 818-705-2345
91501	Burbank	Burbank Senior Nutrition Program	818-238-5357
91502	Burbank	Burbank Senior Nutrition Program	818-238-5357
91503	Burbank	Burbank Senior Nutrition Program	818-238-5357
91504	Burbank	Burbank Senior Nutrition Program	818-238-5357
91505	Burbank	Burbank Senior Nutrition Program	818-238-5357
91506	Burbank	Burbank Senior Nutrition Program	818-238-5357
91601	North Hollywood	Southeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91602	North Hollywood	Southeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91604	Studio City	Southeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91605	Van Nuys	Bernardi MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91606	North Hollywood	Southeast Valley MPC/Bernardi MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91607	North Hollywood	Southeast Valley MPC S.F.Valley Interfaith Council	818-834-6100 818-718-6460
91608	Universal City	Southeast Valley MPC	818-834-6100
91702	Azusa	Azusa Home Delivered Meals	626-812-5204
91706	Baldwin Park	Baldwin Park Senior Center	626-813-5245
91706	Irwindale - Baldwin	Intervale Senior Services	626-960-3773
91711	Claremont	Blaisdell Senior Center Claremont Joslyn Senior Center Claremont MOW	909-399-5367 909-399-5488 909-621-4018
91722	Covina	Covina Joslyn Senior Center YWCA Intervale Senior Services	626-331-3802 626-858-8382
91723	Covina	Covina Joslyn Senior Center	626-331-3802
91724	Covina/Charter Oak	Covina Joslyn Senior Center YWCA Intervale Senior Services	626-331-3802 626-858-8382
91731	El Monte	El Monte Senior Services	818-580-2210
91731	Rosemead	Monrovia Volunteer Center	626-256-8187

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
91732	El MonteNorwood	City of El Monte El Monte MOW South El Monte MOW	626-580-2210 626-443-1831 626-579-6540
91733	El Monte	South El Monte MOW	626-579-6540 ext.3260
91733	South El Monte	South El Monte MOW	626-579-6540 ext.3260
91740	Glendora	Greater La Fetra Center for Seniors	626-960-2295
91741	Glendora	Greater La Fetra Center for Seniors	626-960-2295
91742	Sun Valley	S.F.Valley Interfaith Council	818-718-6460
91744	La Puente	Greater La Puente MOW Basset Park Sr. Center	626-333-3253 626-333-0294
91744	Industry	Greater La Puente MOW	626-333-3253
91744	La Puente/So. San Jose Hills/Valinda	La Puente City Senior Center	626-336-6133
91745	Hacienda Heights	Greater La Puente MOW	626-333-3253
91745	Industry	Greater La Puente MOW	626-333-3253
91745	La Puente	Greater La Puente MOW	626-333-3253
91746	Avocado Heights	Greater La Puente MOW	626-333-3253
91746	Bassett	Greater La Puente MOW	626-333-3253
91746	Industry	Greater La Puente MOW	626-333-3253
91746	La Puente	Greater La Puente MOW	626-333-3253
91746	Valinda	Greater La Puente MOW	626-333-3253
91747	Industry	Greater La Puente MOW	626-333-3253
91748	Industry	Greater La Puente MOW	626-333-3253
91748	Rowland Heights	Greater La Puente MOW	626-333-3253
91748	La Puente	Greater La Puente MOW Rowland Hts. Sr.Center	626-333-3253 626-960-3773
91754	Monterey Park	Langley Senior Center Senior Citizen Center	626-307-1395 626-571-1206
91755	Monterey Park	Langley Senior Center Senior Citizen Center	626-307-1395 626-571-1206
91765	Diamond Bar	Greater La Puente MOW	626-333-3253
91765	Industry	City of Industry MOW	626-333-4570
91765	Pomona	Claremont MOW Pomona MOW	909-621-4018 909-593-6907
91766	Pomona	Senior Citizens Activity and Meals Program	909-620-2301
91766	Phillips Ranch	Pomona MOW	909-593-6907
91767	Pomona	Pomona MOW	909-593-6907
91768	Pomona	Pomona MOW	909-593-6907

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ZIP CODE	COMMUNITY	PROGRAM	PHONE NUMBER
91769	Pomona	Pomona MOW	909-593-6907
91770	Rosemead-S. San Gabriel	Intervale Senior Services	626-960-3773
91770	Rowland Heights	Intervale Senior Services	626-960-3774
91773	San Dimas	San Dimas MOW	909-956-1828
91775	San Gabriel	San Gabriel Senior Center	626-308-2822
91776	East San Gabriel-Valinda	Intervale Senior Services	626-960-3773
91776	San Gabriel-N. Covina	Intervale Senior Services	626-960-3775
91776	Temple City-Walnut	Intervale Senior Services	626-960-3774
91780	Temple City	Monrovia Volunteer Center	626-256-8187
91789	Walnut	Greater La Puente MOW	626-333-3253
91789	Industry	City of Industry MOW	626-333-4570
91790	West Covina	Intervale Senior Services	818-337-7231
91791	West Covina	West Covina Senior Citizen Center	626-331-8266
91792	West Covina	Greater La Puente MOW	626-333-3253
91792	Woodside Village	West Covina Senior Center	626-331-5366
91801	West Covina - Alhambra	Intervale Senior Services Joslyn Adult Center	626-960-3773 626-458-4455
92315	Big Bear Lake	MOW	909-866-5233
92335	Fontana	Oldtimers Foundation	909-829-0384
92506	Riverside	Riverside MOW	909-683-7151
92507	Riverside	Office on Aging	909-697-4697
93516	Lancaster	Antelope Valley Comm. On Aging	661-942-6244
93534	Lancaster	Antelope Valley Comm. On Aging	661-942-6244
93535	Lancaster	Antelope Valley Comm. On Aging	661-942-6244
93536	Lancaster	Antelope Valley Comm. On Aging	661-942-6244
93543	Lancaster	Antelope Valley Comm. On Aging	661-942-6244
93550	Lancaster,Palmdale,Acton	Antelope Valley Comm. On Aging	661-942-6244
93551	Littlerock,Pearlblossom	Antelope Valley Comm. On Aging	661-942-6244